

INTEGRATED SCHOOL-BASED MENTAL HEALTH SUPPORTS AND SERVICES



2022–2023 School Year Survey Results

13

schools are receiving integrated school-based mental health clinicians provided by Providence / VOA Alaska.

82%

of school staff agree that onsite mental health services have had a significant impact on students' academic performance.

93%

of school staff state that mental health clinicians are viewed as positive resources at my school.

88%

of school staff are likely to recommend a student or family access Providence / VOA school-based services.



What are **students** saying about their experiences with mental health clinicians?

"Being able to talk to someone about things I don't feel comfortable telling friends or family."

"Not giving straight answers/solutions but guiding me into finding what works for me to figure out on my own."

"Getting to talk to someone I trust about my feelings and about my life that I'm having a hard time with."

"I get confidence from my therapist and learn more about issues."



What are **caregivers** saying about their experiences with mental health clinicians?

"Providing my child a safe and comfortable environment to understand or learn about [their] needs."

"The fact that they are present in the school and my kiddo already knew them and was comfortable engaging in therapy."



What are **school staff** saying about their experiences with mental health clinicians?

"Students and staff are getting the help and the tools they need so that they can function. Once they have those emotional/mental tools to deal with their personal trauma, they can start to engage with their schoolwork."

"Students and families can get immediate counseling support or help in accessing appropriate outside of school supports. Also, I appreciate our school therapist as a resource for staff in approaching situations involving struggling (mental health) students and families."